

URBAN GRILLER

BBQ FISH BASTE

2 tablespoons butter or margarine
¼ cup lemon juice
2 crushed garlic clove
1 teaspoon grated ginger
1 teaspoon Worcestershire sauce
½ chopped seeded chilli

Combine and heat in the microwave for about 1½ minutes until the butter is melted.

Brush on fish with basting brush.

Grill fish on high heat turning frequently until cooked.

Baste with sauce every time you turn it.