

URBAN GRILLER

THOUSAND ISLAND DRESSING

½ cup whole egg mayonnaise (or aioli)
2 tablespoons tomato paste (or tomato sauce)
1 tablespoon Worcestershire sauce

Mix these ingredients together in a bowl with a fork.

This is the basic “thousand island” - don’t be afraid to adjust the measurements to suit your own taste.

Try it with other ingredients :

- Crushed Garlic
- Crushed Capers
- Chopped Gherkin
- Chopped Chilli
- Chopped Coriander
- Chopped Mint
- Smoked Oysters, chopped
- Add smoked trout flesh to make a dip.